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UFood Restaurant Group, Inc. Completes Over-Allotment on Private Offering

Boston, MA April 3, 2008: UFood Restaurant Group, Inc. (OTCBB: **UFFC**), a franchisor and operator of fast-casual restaurants and nutritional product retail stores, today announced the close of its over-allotment option of the private placement financing, led by Spencer Trask Ventures, Inc., a New York-based venture capital firm. Approximately \$13 million in gross proceeds were raised in connection with the private placement which includes a \$2 million bridge financing that converted to securities in the private offering.

“We have once again demonstrated the confidence our investors have in our Company and our vision,” said George Naddaff, Chairman and CEO of the Company. “Spencer Trask and their team have played an integral role in UFood’s growth strategy, building shareholder base and enhancing shareholder value. This is an exciting time for us as we continue to roll out our franchise program nationwide.”

“UFood has a winning concept and a proven management team and board of directors,” said Adam Stern, Senior Managing Director and lead banker at Spencer Trask Ventures. “With its strong market appeal in the fast-casual dining segment, the fastest growing category in the restaurant industry, UFood is an attractive investment.”

The fast-casual dining segment is led by companies such as Chipotle Mexican Grill (NYSE: **CMG**) and Panera Bread Company (Nasdaq: **PNRA**), and caters to customers who desire the convenience of a fast-food chain and are willing to pay a premium for higher quality, differentiated menu items. With its innovative menu, UFood Grill’s mission and concept is to target mainstream customers and provide great taste and an overall pleasing dining experience.

For full disclosure on the offering, please refer to the 8-K Filing at <http://www.sec.gov/>

About UFood Restaurant Group, Inc.

Headquartered in Boston, MA, UFood Restaurant Group, Inc. is a franchisor and operator of fast-casual food service restaurants with an integrated retail store that sells nutritional products for a dual revenue stream business. UFood Grill offers a healthy lifestyle alternative to consumers in the fast-casual restaurant space and is positioned to become a leading player in the “better-for-you” quick serve restaurant category. The Company is led by franchise innovator George Naddaff, who founded Boston Market and led the franchising of several companies including Sylvan Learning Center and Ranch*1. Mr. Naddaff has a veteran management team with a record of success in the franchise market. UFood is currently launching a growth plan to franchise nationwide with the assistance of spokesperson George Foreman.

For more information, please visit: <http://www.ufoodgrill.com/>

About Spencer Trask & Co. and Spencer Trask Ventures

Spencer Trask is a private equity firm that transforms bright ideas into great companies. Through a collaborative network of business leaders, domain experts and co-investors, Spencer Trask builds market-leading companies with a sustainable competitive advantage. Network members invest on a deal-by-deal

basis rather than through a fund. Spencer Trask Ventures is a wholly owned subsidiary of Spencer Trask & Co.

For more information, please visit: <http://www.spencertrask.com/>

Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 involving known and unknown risks, delays, and uncertainties that may cause our actual results or performance to differ materially from those expressed or implied by these forward-looking statements. These risks, delays, and uncertainties include, but are not limited to: risks associated with the uncertainty of future financial results, our reliance on our sole supplier, the limited diversification of our product offerings, additional financing requirements, development of new products, government approval processes, the impact of competitive products or pricing, technological changes, the effect of economic conditions and other uncertainties detailed in the Company's filings with the Securities and Exchange Commission. The Company undertakes no obligation to update any forward-looking statements.